

# Please enroll my child in yoga class with Mary Kaye!

print both pages, fill out the form below and sign the waiver,  
mail completed pages with \$150 check payable to Buddhaful Kids Yoga:

Mary Kaye Chryssicas  
22 Edmunds Road  
Wellesley, MA 02481

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Enrollment for (check one):**  
please see website for specific dates

- Kiddle Yoga 4-5pm (coed ages 7 to 12) \$150**
- Teen Yoga 5:15-6:15pm (coed ages 13 to 17) \$150**

**Session 1 (Fall 2010):**       **Tuesdays -or-**       **Thursdays**

Tuesdays: 8/31, 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19  
Thursdays: 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21

**Session 2 (Fall II 2010):**       **Tuesdays -or-**       **Thursdays**

Tuesdays: 10/26, 11/2, 11/9, 11/16, 11/23, 11/30, 12/7, 12/14  
Thursdays: 10/28, 11/4, 11/11, 11/18, 12/2, 12/9, 12/16, 12/23

**Session 3 (Winter 2011):**       **Tuesdays -or-**       **Thursdays**

Tuesdays: 12/21, 1/4, 1/11, 1/18, 1/25, 2/1, 2/8, 2/15  
Thursdays: 1/6, 1/13, 1/20, 1/27, 2/3, 2/10, 2/24, 3/3

**Session 4 (Spring 2011):**       **Tuesdays -or-**       **Thursdays**

Tuesdays: 2/22, 3/1, 3/8, 3/15, 3/22, 3/29 = **\$108**  
Thursdays: 3/3, 3/10, 3/17, 3/24, 3/31 = **\$90**

*8 sessions/\$150 All classes are held at Laughing Dog Yoga Studio (159 Linden Street in Wellesley).  
There is no refund if you cancel after a session starts. If you cancel before session date, you get a full refund.*

**Bring mat, water and kind thoughts!**

**AGREEMENT OF RELEASE AND WAIVER OF LIABILITY**

I, \_\_\_\_\_, hereby agree to the following:

1. That I am participating in the Yoga Classes, Health Programs or Workshops offered by Buddhaful Kids Yoga during which I will receive information and instruction about yoga and health. I recognize that yoga requires physical exertion that may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the Yoga Classes, Health Programs or Workshops. I represent and warrant that I am physically fit and I have no medical condition that would prevent my full participation in the Yoga Classes, Health Programs or Workshops.
3. In consideration of being permitted to participate in Yoga Classes, Health Programs or Workshops, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the program.
4. In further consideration of being permitted to participate in Yoga Classes, Health Programs or Workshops, I knowingly, voluntarily and expressly waive any claim I may have against Buddhaful Kids Yoga for injury or damages that I may sustain as a result of participating in the program.
5. I, my heirs or legal representatives forever release waive, discharge and covenant not to sue Mary Kaye Chryssicas for any injury or death caused by their negligence or other acts.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

\_\_\_\_\_  
DATE      SIGNATURE OF PARTICIPATE

If participant is under 18:

AS LEGAL GUARDIAN OF \_\_\_\_\_,  
I CONSENT TO THE ABOVE TERMS AND CONDITIONS.

\_\_\_\_\_  
DATE      SIGNATURE OF PARENTS/GUARDIAN OF PARTICIPANT